

JULY - AUGUST 2025

NM NEUROLOGY

WELLNESS

NEWSLETTER



READ THROUGH TO THE END FOR A
SPECIAL FEATURE!

KUDOS TO OUR RESIDENTS



"KUDOS TO COURTNEY (PGY4) AND TARA (PGY4) FOR HELPING ME OUT ON A BUSY SUNDAY CALL DAY! I WAS VERY THANKFUL THEY WERE THERE TO EASE MY WORKLOAD BY SEEING CONSULTS AND HELPING WITH STROKE CODES. MUCH APPRECIATED!" - JASMINE SUN (PGY3)



"CONGRATS TO THEJA (PGY4) FOR MATCHING TO HEADACHE FELLOWSHIP AT NORTHWESTERN!" - DR. CARROLL



"CONGRATULATIONS TO LAUREL (PGY3) FOR BEING ACCEPTED INTO THE MCGAW GLOBAL HEALTH CLINICAL SCHOLARS PROGRAM!" - DR. BEGA



"THANK YOU TO DR. BEGA FOR DONATING A FOOD TRUCK TO SUPPORT THE RESIDENCY WELCOME EVENT!" - THE RESIDENTS



"KUDOS TO EMMANUEL (PGY3). HE WAS ON ICU/STROKE CONSULTS AND CAME IN TO GIVE US A HAND IN THE NSICU EVERY DAY DESPITE BEING ON A BUSY ROTATION HIMSELF. HE PERFORMED PROCEDURES, HELPED OUT WITH PATIENT MANAGEMENT IN THE ICU, WAS EFFICIENT AND EFFECTIVE AND WAS ALWAYS READY AND ABLE TO ASSIST. HE ABSOLUTELY WENT ABOVE AND BEYOND." - DR. CHOU



"SHOUTOUT TO TRISH (PGY2)! SINCE DAY ONE SHE ACTED LIKE A PRO—ALWAYS RELIABLE, EFFICIENT, AND ON TOP OF HER PATIENTS. SHE WAS QUICK TO HELP OUT WITH ANYONE, EVEN PATIENTS WHO WEREN'T HERS. TRULY AN AWESOME TEAM PLAYER!" - CAMILA NARVAEZ CAICEDO (NEUROCRITICAL CARE FELLOW)



"KUDOS TO ROLF (PGY2) ON HANDLING THE FIRST WEEK OF PGY2 ED SHIFTS LIKE A CHAMP! HE TRIAGED QUICKLY AND APPROPRIATELY DURING A HECTIC CALL DAY AND ENSURED EVERYONE RECEIVED THE CARE THEY NEEDED. - SARAH WYCKOFF (PGY4)



"KUDOS TO THEJA (PGY4) FOR BEING ACCEPTED TO THE HEADACHE ON THE HILL ADVOCACY PROGRAM!" - DR. BEGA

KUDOS TO OUR RESIDENTS



"KUDOS TO JAMIE (PGY4) AND NAOMI (PGY4) FOR ADVOCATING FOR A PATIENT WITH COMPLEX INSURANCE CIRCUMSTANCES. THEY MADE SURE HER CARE WAS WELL COORDINATED AND FOLLOW UP WAS ARRANGED AFTER DISCHARGE." DINA GHANDOUR (EPILEPSY FELLOW)



"KUDOS TO DR. NICHOLAS HAC (ATTENDING) FOR GOING ABOVE AND BEYOND!" - DR. SOBOTA



"CONGRATULATIONS TO MARIA (PGY3) FOR BEING ACCEPTED TO THE NEUROLOGY RESIDENT & FELLOW SECTION EDITORIAL BOARD!" - DR. BEGA



"KUDOS TO KAITIE KOCHER (EEG TECHNOLOGIST) FOR FACILITATING A CHALLENGING EEG HOOKUP WITH A CUSTOM MONTAGE!" - SHENG TANG (EPILEPSY FELLOW)



"KUDOS TO NAOMI (PGY4) FOR HELPING TAKE OVER A FEW LATE CONSULTS ON MY SATURDAY CALL SHIFT AT THE START OF HER NIGHT SHIFT! AND SHE GOT ME DINNER! IT ALL FELT VERY KIND, SUPPORTIVE, AND HELPED ME GET HOME AT A REASONABLE HOUR" - EMILY CASALETTO (PGY3)



"KUDOS FOR ANITA (PGY1) FOR DOING AN AWESOME JOB IN HER FIRST NEUROMUSCULAR CLINIC - SHE PERFORMED THOROUGH HISTORIES AND EXCELLENT PHYSICAL EXAMS!" - SARAH WYCKOFF (PGY3)



"KUDOS TO STEVEN (PGY3) FOR HIS HARD WORK ON THE UPCOMING PRESENTATION AT THE AMERICAN COLLEGE OF RHEUMATOLOGY 'DISEASE ACTIVITY INDEPENDENTLY CORRELATES WITH COGNITIVE IMPAIRMENT IN SLE'" - DR. G



"KUDOS TO EMMANUEL (PGY3) AND ROLF (PGY2) FOR BEING AN ABSOLUTE DREAM TEAM ON STROKE SERVICE! THEY BOTH HAD GREAT RAPPORT WITH PATIENTS, WERE EFFICIENT, AND OVERALL DID A WONDERFUL JOB! ROLF ALSO LED MULTIPLE MEANINGFUL AND IMPORTANT GOC CONVERSATIONS IN A GRACEFUL AND PROFESSIONAL WAY! KUDOS ALL AROUND!" JYOTI GREWAL (STROKE FELLOW)

OUR TEAMS ARE THRIVING ON SERVICE...



...WITH A LITTLE EXTRA HELP FROM JACK



MENTORSHIP IS STRONG ALL AROUND

CHECK OUT OUR SYNAPSE FAMILIES!



AND CLINIC SQUAD GOALS

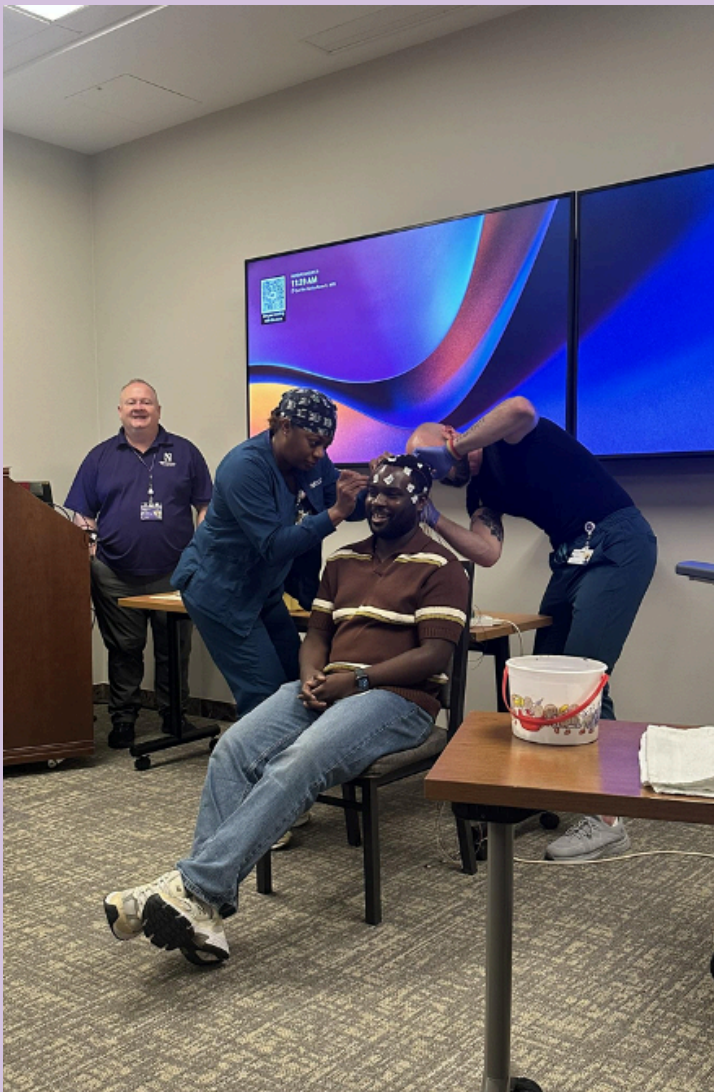


AND WE KICKED OFF THE YEAR WITH A WELCOME PARTY

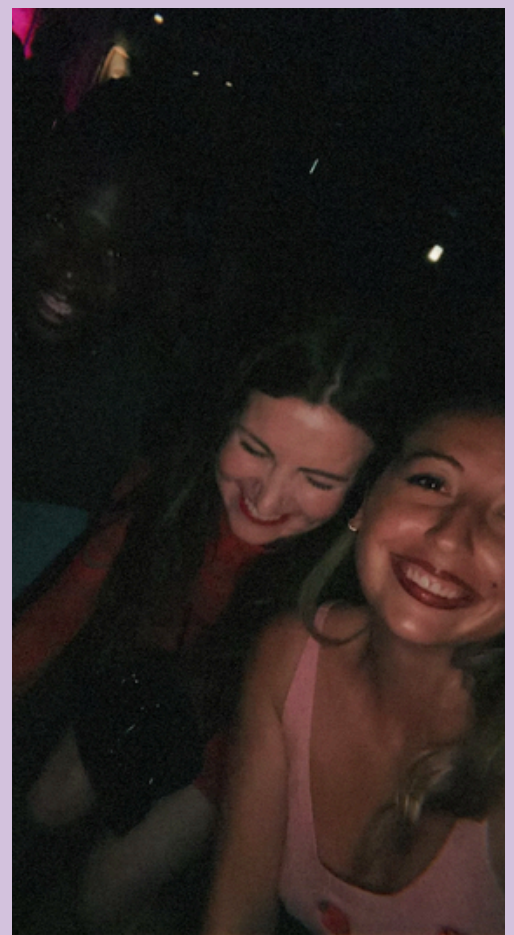


HUGE THANKS TO OUR PROGRAM DIRECTOR, DR. DANNY BEGA, WHO MADE A DONATION TO THE HUNTINGTON'S DISEASE SOCIETY OF AMERICA (HDSA) IN HONOR OF THE EVENT—AND TO LA COCINITA, WHO GENEROUSLY DONATED THEIR SERVICES TO SUPPORT THE CAUSE!

THE PGY3 STARTED “NEUROPHYS” MONTH



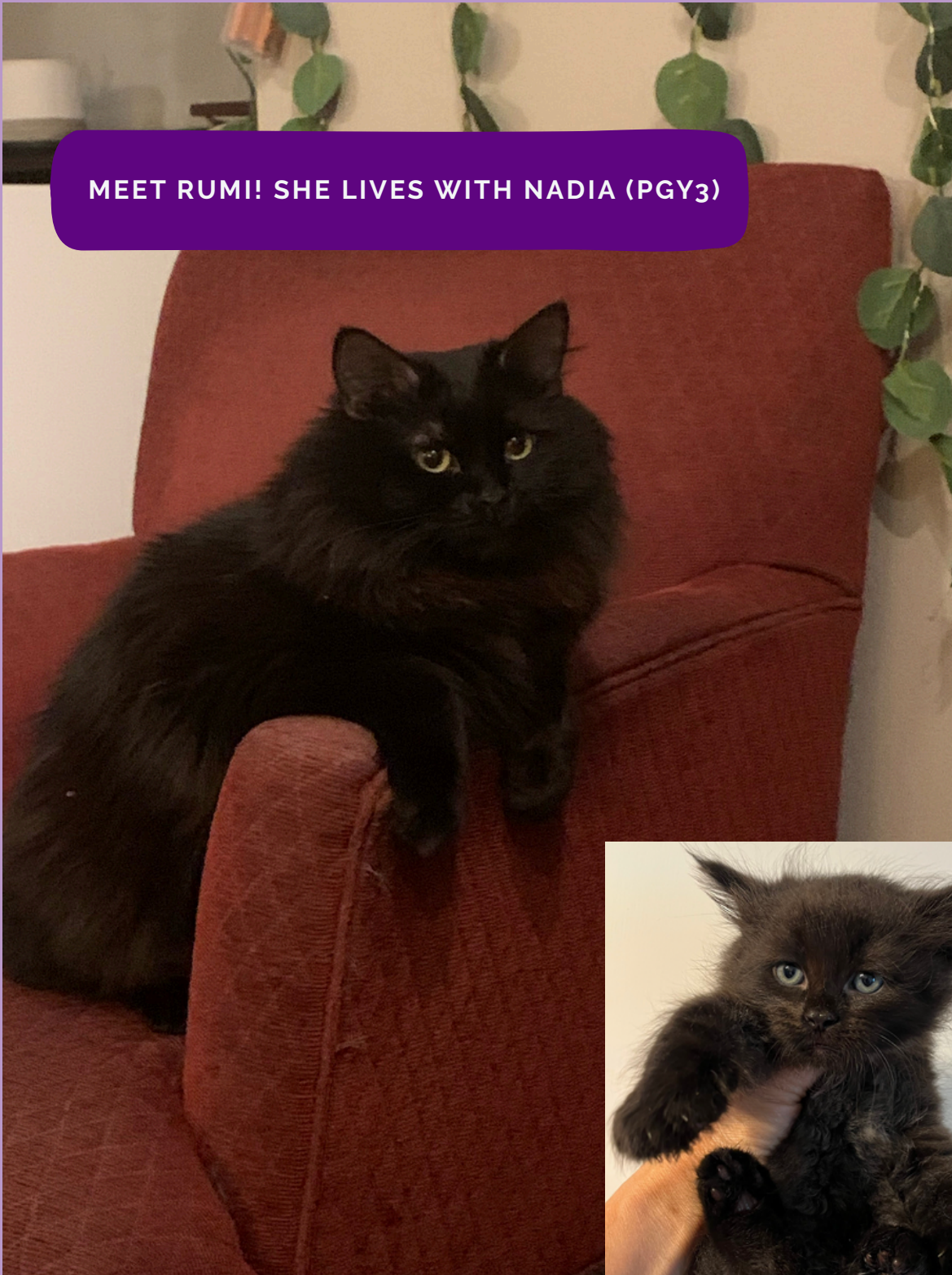
RESIDENTS GO OUT AND ABOUT



RESIDENTS ARE STILL OUT AND ABOUT



PETS OF THE MONTH - DOUBLE FEATURE



MEET RUMI! SHE LIVES WITH NADIA (PGY3)



AND RUMI'S SISTER SYL! SOON TO BE ADOPTED
BY EMILY (PGY3)