



Northwestern Neurology Wellness Newsletter

December 2023

Editor: Jyoti Grewal

Resident Holiday Party!



PGY1



PGY2



PGY3

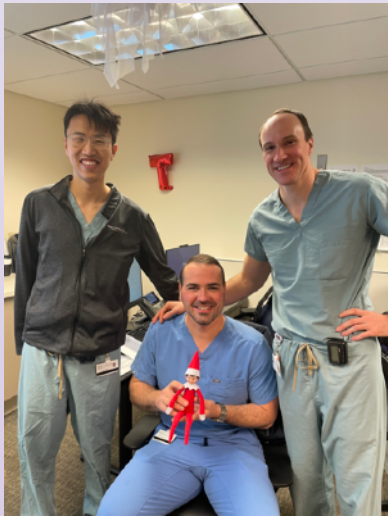


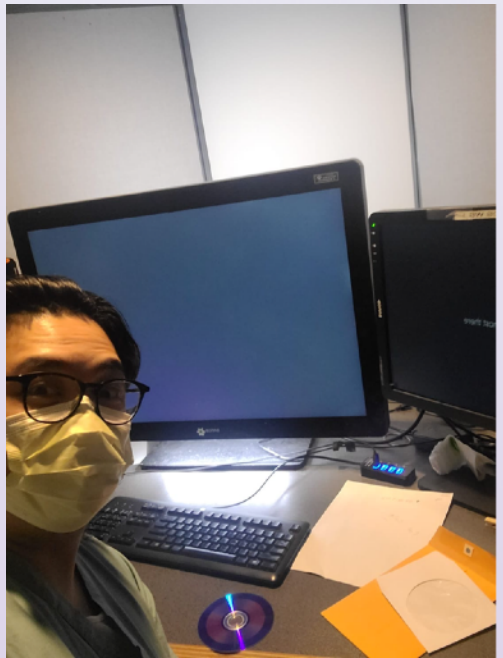
PGY4





Dan and Juan in action! Accepting sign out and running to a stroke code during the party!







New Years Celebrations!



Celebrating Sheng's last day on service!



Karl Guo (PGY3) and Blanca's baby girl
Yali - in the holiday spirit!

Kudos

Kudos to the General Team - **Karl Guo (PGY3)**, **Sofia Chernet (PGY2)**, **Ilan Palte (PM&R PGY1 Rotator)**, **Katie Faus (General APP)**, **Maren Heller (Pediatric Neurology Rotator)** and **Kyle Woodworth (APP)** - for efficiently caring for a huge general neurology list. Big shout-out to **Sofia Chernet (PGY2)** for going out of her way to update her patients and their families, review imaging, and participate in significant goals of care conversations while managing a large patient load, many with difficult neuro-onc diagnoses. She kept such a positive attitude despite all this and loved by all her patients - great job Sofia! - Dan Jia (Neurohospitalist Fellow)

Kudos to **Naomi Ayele (PGY2)**, **Lizzie Tranel (Pediatric Neurology Rotator)**, and **Kyle Woodworth (APP)** for doing a stellar job during a week of busy consults. Special thanks to **Ilan Palte (PM&R Rotator)** for returning to general neurology to help out! - Sheng Tang (PGY4)

Kudos to **Naomi Ayele (PGY2)**, **Fred Shen (PGY2)**, and **Katie Faus (APP)** for a great two weeks over the holidays. - Sheng Tang (PGY4)

Kudos to **Claudia Wooley (Social Worker)** for doing an awesome job of filling in over the holidays and advocating for our patients. - Sheng Tang (PGY4)

Kudos to **Mo Kinsinger (medical student)** for getting a stone cold champagne tap on her first ever LP! - Charlie Otte (PGY3)

Kudos to **Courtney Raab (PGY2)** for decorating the middle room and keeping up the holiday spirit! - Jyoti Grewal (PGY3)

Kudos to **Dan Jia (Neurohospitalist fellow)** and **Juan Deliz (Movement Fellow)** for holding down the fort during our resident holiday party! - Jyoti Grewal (PGY3)

Kudos to **Ryan Donaghy (PGY4)**, **Jen Fokas (PGY3)**, **Allen Barnett (PGY3)**, **Meghana Shownkeen (PGY2)**, and **Dr. Urdy** for all helping out on a busy but fun Sunday call day! - Adriana Sari (PGY2)

Shoutout to **Meghana Shownkeen (PGY2)** who was a rockstar on nights. We had some busy nights and a very active crossover list and Meghana handled it all. Thanks for breaking me into my first time week of senior nights! - Allen Barnett (PGY3)