

JUNE 2026

N M NEUROLOGY

WELLNESS

NEWSLETTER



**READ THROUGH TO THE END FOR A
SPECIAL FEATURE!**

KUDOS TO OUR RESIDENTS



"KUDOS TO THE CHIEFS EMMANUEL (PGY4), SARAH (PGY4), AND JASMINE (PGY4) FOR DOING A GREAT JOB LEADING ORIENTATION AND BOOT CAMP!" - DR. BEGA



"KUDOS TO CASSIE (PGY3) FOR STAYING VERY LATE ON A WEEKEND DAY TO HELP WITH A POST 5 PM ED STROKE CODE IN THE TNK WINDOW. SHE WENT ABOVE AND BEYOND AND IT WAS SO APPRECIATED!"
- SARAH WYCKOFF (PGY4)



"KUDOS TO TARINI (PGY3) FOR COORDINATING AN INCREDIBLY COMPLICATED DISCHARGE! HER PATIENTS ARE LUCKY TO HAVE HER!" - ALLISON SPIHLMAN (PGY4)



"KUDOS TO TARINI (PGY3) ON HER FIRST CHAMPAGNE TAP! NOT A SMIDGE OF RBCS, A TESTAMENT TO HER PROCEDURAL PRECISION!" - DR. HAC



"KUDOS TO STEVEN (PGY4) FOR BEING SO ATTENTIVE AT THE WOMEN'S NEUROLOGY SYMPOSIUM!" - DR. GRAHAM

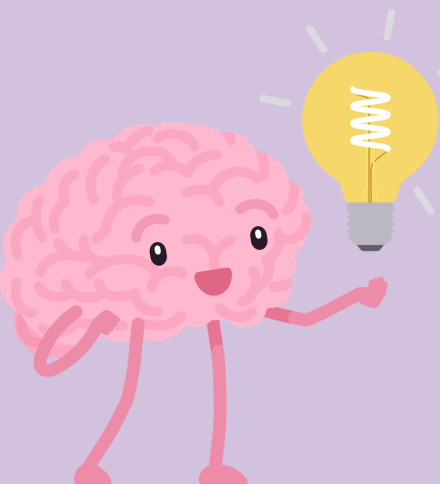


CONGRATULATIONS TO THE GRADUATED CLASS OF 2026!



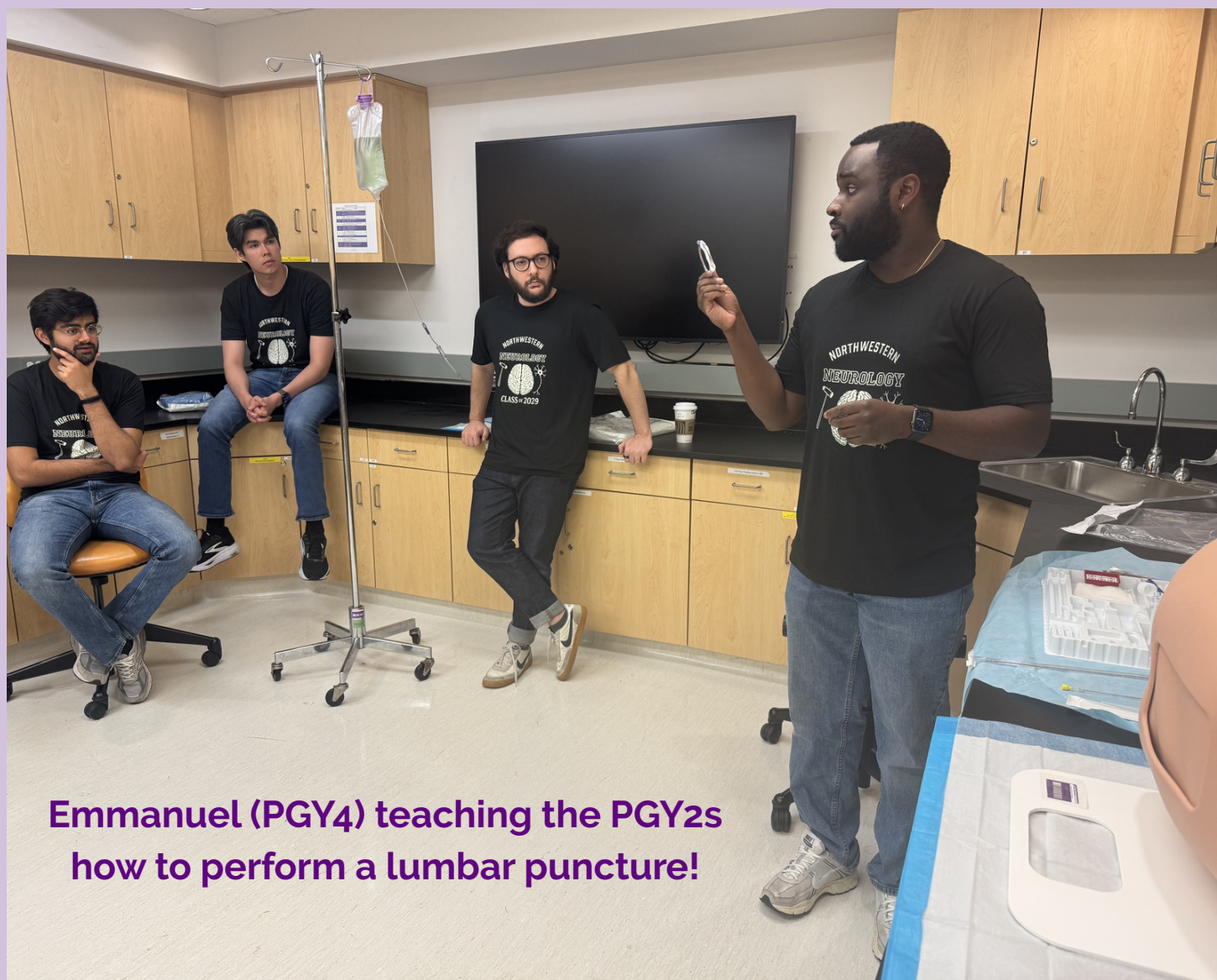
WELCOME TO OUR NEW PGY2 CLASS

FEATURING MEMORIES FROM THIS YEAR'S NEUROLOGY BOOTCAMP!



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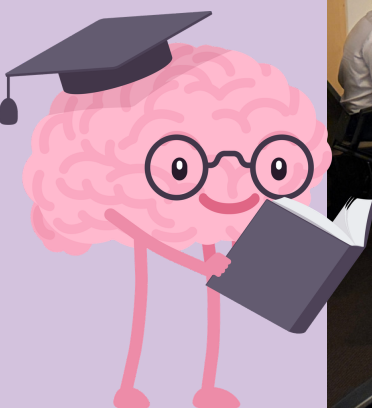


**Emmanuel (PGY4) teaching the PGY2s
how to perform a lumbar puncture!**



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RESIDENTS ENJOYING SUMMERTIME CHI



Resident
Beach Day!

RESIDENTS ENJOYING SUMMERTIME CHI



PET OF THE MONTH: MEET FINN

FINN LIVES WITH JESS (PGY2)!



DONATIONS AND SUPPORT

LOVE FOLLOWING ALONG OUR WELLNESS ADVENTURES?

CONSIDER MAKING A TAX-DEDUCTIBLE GIFT TO SUPPORT ADDITIONAL EVENTS LIKE THE ONES HIGHLIGHTED HERE!

GO TO [HTTPS://GIVE.NORTHWESTERN.EDU](https://give.northwestern.edu) AND SELECT "MAKE A GIFT." ENTER "NEUROLOGY RESIDENT WELLNESS FUND" IN THE DESIGNATION BAR

